

# You've Got a Friend in Me :

## Kids and Friendships

**Friendships are an important part of growing up. They build self-confidence and develop skills for relationships into adulthood. Teach your child how to be a good friend and make friends.**

### **Help your child make friends.**

- Show her how to be a good listener.
- Arrange play dates with one or two friends; an hour is plenty of time.
- Oversee simple activities, like art projects, or suggest games to play.

### **Your child may have friends you do not like .**

- Remember, only your child can pick his friends.
- You can arrange for your child to spend time with certain kids, but your child will be drawn to some people over others.

### **Meet your child's friends.**

- Get to know your child's friends and their parents. Invite them over.
- Let your child know that friends are welcome in your home.
- Find out about "house rules" of your child's friends and find out who else will be home.

