

# Help Your Teen Prepare for Adulthood

Helping kids become responsible adults is a parent's goal. Parenting teens takes patience, consistency, discipline and love. It's important that you give grace where you can and are consistent when teaching responsibility and life skills that will prepare them for life after high school.

- Laundry is something kids can do on their own by age 10. Your teen's chores could include washing clothes, folding, ironing, and keeping dirty clothes in a laundry bin instead of on the floor.
- Knowing how to interview for a job is another life skill your teen will need, from writing a resume to how to make a good first impression.



**August**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Scan for more tips on helping teens prepare for adulthood.  
[getparentingtips.com/tweens-and-teens/development/helping-your-teen-become-an-adult](https://getparentingtips.com/tweens-and-teens/development/helping-your-teen-become-an-adult)