

Unique Ways to Show Each Child Love

Remember when you were a kid and your parents would praise you for something good you had done? Remember how great those moments were and how good it made you feel? In those moments, your parents were speaking your love language. What is a Love Language?

The Five Love Languages

Quality Time - spend time together doing something your child enjoys.

Physical touch - cuddling, high fives, hugs, sitting close.

Gifts - think of something special that your child really wants.

Acts of Service - do something nice for your child.

Words of Affirmation - offer your child praise, encouragement, recognition of their efforts.

Love language for different children:

Alejandro likes to be praised
Use - Words of Affirmation

I'm proud of you!
Wow! You did it!
Great job!
You're terrific!

Mary likes doing things together
Use - Quality Time

Run errands together
Play a game together
Watch a movie together
Do yard work together

Sam likes gifts
Use - Simple Gifts

Special birthday present
Making favorite food
Surprise treats
Special note in backpack

A printable Mom's Guide can be found at: <http://bit.ly/1jVpB3b> Source: "Information from Five Love Languages for Children" by Dr. Gary Chapman and Dr. Ross Campbell M.D.

